

DCRSD Recommended Guidelines for Staying Home With Illness

- **Fever.** A student should remain home with a fever greater than 100°F. The student can return to school after he/she has been fever free for 24 hours (without fever-reducing medicine such as Tylenol or Motrin).
- **Vomiting/Diarrhea.** A student with diarrhea and /or vomiting should stay at home and return to school only after being symptom-free for 24 hours, unless otherwise specified by the school nurse or healthcare provider.
- **Conjunctivitis (Pink Eye)/Strep Throat.** A student that has been diagnosed by a physician with conjunctivitis or strep throat – the student may return to school 24 hours after the first dose of prescribed medication was administered.
- **Rashes.** Common infectious diseases with rashes are most contagious in the early stages. A student with a suspicious rash should return to school only after a healthcare provider has made a diagnosis and authorized the student's return to school.
- **Colds.** Consider keeping your student at home if he/she is experiencing discomfort from cold symptoms, such as a frequent/persistent cough, continuous runny nose, ear/sinus pain, and/or body aches/fatigue.

If your student has been diagnosed by a healthcare provider with any contagious conditions (COVID-19, flu, hand-foot-mouth disease, Molluscum, stomach bug/gastroenteritis, strep throat, conjunctivitis (pink eye), Fifth disease, lice, & ringworm) please notify your school nurse.

Thank you for helping to keep all students and staff in the DCRSD community healthy!