

# Check-List for NCAA Collegiate Athletics

(Items to consider)



## Freshman Year:

- Ask your counselor for a list of your high school's "NCAA core courses" to make sure you take the right classes
- Register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org) (\*one-time fee\* 2019=\$90)
- Visit [ncaa.org/student-athletes/future](http://ncaa.org/student-athletes/future) and explore the website for future reference

## Sophomore Year:

- Register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org)
- Talk to guidance counselor → make sure you are on track to graduate, start to talk about colleges and career goals
- Visit [ncaa.org/student-athletes/future](http://ncaa.org/student-athletes/future) and explore the website for future reference

## Junior Year:

- Talk to high school and club coaches about your future as an NCAA student-athlete
- Have an idea of what major interests you BEFORE deciding what division you want to pursue
- Understand the requirements of each institution you are applying to
- Check with your counselor to make sure you will graduate on time with the required number of NCAA core courses
- Take SAT and/or ACT **AT LEAST** once and submit best grade to the NCAA **using code 9999**
- Ask your guidance counselor to upload your official transcript to the NCAA Eligibility Center (if going DI or DII)

## Senior Year

- Finish your last NCAA core courses
- Check with your admissions counselor at your institution to see what you need to complete
- Take the SAT and/or ACT again (if necessary) and submit your scores to the NCAA (if going DI or DII) **using code 9999**
- Complete all academic and amateurism questions in your NCAA Eligibility Center account at [eligibilitycenter.org](http://eligibilitycenter.org) (if going DI or DII)
- Before or after graduation, ask your guidance counselor to submit your final official transcript of graduation to the NCAA Eligibility Center (if going DI or DII)