

COVID-19 Symptom Guidelines

You need to stay home if you have:

Fever 100.0F or higher/chills
Shortness of breath
New loss of taste or smell
Muscle or body aches
New Cough

Nausea/vomiting/diarrhea*
Sore throat*
Headache*
Congestion/Runny Nose*
Fatigue*

*In Combination with listed symptoms

When can I return to school?

Positive test

May return on day 11 (once cleared by local board of health)
and
No fever for 24 hours without the use of medication
and
Symptoms have improved

Negative test

Improvement of symptoms
and
No fever for 24 hours without the use of medication
or
Doctor's note indicating alternative diagnosis

No test

May return after 10 days
and
Symptoms have improved
and
No fever for 24 hours without the use of medication

COVID-19 Outside of School Close Contact Quarantine Guidelines

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Release on **day 8** of quarantine*:

Negative PCR test done on day 5 or later
and
No symptoms
and
Active monitoring through day 14.

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Release on **day 11** of quarantine*:

No symptoms
and
Active monitoring through day 14.

No test required

COVID-19 In School Close Contact Quarantine Guidelines

Test & Stay

- Test (negative) daily at school for 7 days
- Remain symptom free
- Wear a mask at school at all times
- Quarantine at home on non-school/extracurricular days
- Monitor symptoms through day 14

Exempt from testing/quarantine

- *Asymptomatic & vaccinated
- *Classroom close contact 3ft apart
- *Bus close contacts
- *Had Covid in the past 90 days