

Aug & Sept 2019

On line payments: myschoolbucks.com

Meals include: whole grains, 1% & low fat milk, Fresh, canned or dried fruit, 100% juice

DUDLEY MIDDLE SCHOOL LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30
WEEK OF AUGUST 26	Chicken Nuggets Tater Tots Peas Applesauce	Ham & Chz Croissant Tomato Soup Spiral Fries Peaches	Taco Pizza Rice Pilaf Tossed Salad Pineapple Cubes	NO SCHOOL
2	3	4	5	6
NO SCHOOL	BBQ Ribs Mashed Potatoes Mixed Vegetables Peaches	Meatball Sub Tossed Salad Tater Tots Bananas	Chicken Alfredo WG Pasta Green Beans Pears	Cheese Quesadilla Rice Pilaf Cali Blend Veggies Pineapple Cubes
9	10	11	12	13
Chicken Fajita Sub Swt. Potato Fries Veggie Sticks Fresh Asst Fruit	French Toast Sticks Sausage Patty Hash Browns Pears	Roasted Chicken Mashed Potatoes Peas & Carrots Baked Apples	Turkey and Chz Grinders Chicken Soup S. Potato Fries Grapes	Fish and Chips Cole slaw/salad Dinner Rolls Berry cups/fruit
16	17	18	19	20
Chicken Caesar Wrap Tater Tots String Cheese Apples	Turkey & Gravy Mashed Potatoes Peas & Carrots Apple Crisp	BBQ Pulled Pork Scalloped Potatoes Broccoli Florets Mixed Fruit	Salisbury Steak Roasted Potatoes Dinner Roll/peas Berry Cup/fruit	Pizza Day Garden Salad Pears Choc Pudding
23	24	25	26	27
Chicken Tenders Spiral Fries Green Beans Applesauce	Breakfast Sandies Sausage Patty Veggie Sticks Mixed Fruit	Beef Ravioli Green Beans Dinner roll Chz Sticks/Banana	Grilled Cheese Tomato Soup Tossed Salad Pears	Chicken Dippers Potato Wedges Pasta Salad Peaches
30				

School Lunch
Price \$2.90
Reduced Lunch
Price \$.40
School Breakfast
Price \$1.50
Reduce Breakfast
Price \$.30

Alternative options served daily, please check with school cafeteria for menu.

***All meals meet the nutrition standards set forth by the Healthy, Hunger-Free Kids Act of 2010.**

***Free/Reduced lunch applications may be submitted at any time throughout the school year.**

Food allergies must be documented with the school nurse and the Food Service Director.

Menus are subject to change without notice due to item availability.