

Tips to Help Protect Your Family from COVID-19



1. STAY CLEAN! Clean your hands with soap and water for 20 seconds after touching surfaces in public areas, and especially if you are around someone who isn't feeling well. Also, clean and disinfect frequently touched objects.

AVOID CONTACT WITH SICK PEOPLE Avoid close contact with people who are sick and avoid traveling to locations where there are outbreaks of the
coronavirus. And if you get sick, stay home to avoid spreading the virus to others.

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