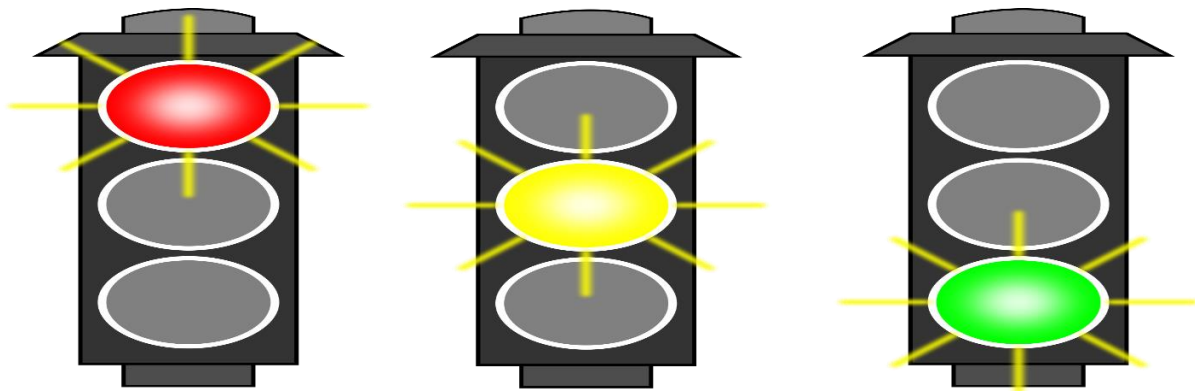


SOCIAL DISTANCING:

What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or disease. Social distancing measures include limiting large groups of people coming together, closing buildings and canceling events.



AVOID!!	Use Caution	Safe to DO
Group gatherings Sleep overs Playdates and playgrounds Concerts Theatre outings Athletic events Crowded retail stores Malls Workouts in gyms Visitors in your house Non-essential workers in your home Mass Transit systems	Visit grocery store Get take out Pick up medication Visit the library Church services Traveling	Take a walk Go for a hike Yard work Play in your yard Clean out a closet Read a good book Listen to music Cook a meal Family game night Go for a drive Group video chats Stream a favorite show Check on a friend Check on elderly neighbor