

DUDLEY-CHARLTON REGIONAL SCHOOL DISTRICT

CHARLTON MIDDLE SCHOOL

2 OXFORD ROAD
CHARLTON, MA 01507

Phone: 508-248-1423

Fax: 508-248-1418

Mr. Dean W. Packard
Principal



Mr. Peter J. Olson
Asst. Principal

Dear Parents / Guardians:

School Committee Policy #6144.12 adopted August 13, 1997 – Parental Notification Relative To Sex Education

In accordance with General laws Chapter 71, Section 32A, the Dudley-Charlton Regional School Committee has adopted this policy on the rights of parents and guardians of our students in relation to curriculum that primarily involves human sexual education or human sexuality issues.

At the beginning of each school year, all parents/guardians of students in our schools will be notified in writing of the courses and curriculum we offer that primarily involved human sexual education or human sexuality issues. The Superintendent of Schools will determine the administrator(s) responsible for sending the notice(s). Parents/Guardians of students who enroll in school after the start of the school year will be given the written notice at the time of enrollment. If the planned curriculum changes during the school year, to the extent practicable, parents/guardians will be notified of this fact in a timely manner before implementations.

Each such noticed to parents/guardians will include a brief description of the curriculum covered by this policy, and will inform parents/guardians that they may:

1. Exempt their child from any portion of the curriculum that primarily involves human sexual education or human sexuality issues, without penalty to the student, by sending a letter to the school principal requesting an exemption. Any student who is exempted by request of the parent/guardian under this policy may be given an alternative assignment.
2. Inspect and review program instruction materials for these curricula, which will be made reasonably accessible to parents/guardians and others to the extent practicable. Parents/Guardians may arrange with the principal to review the materials at the school, and may also review them at other locations that may be determined by the Superintendent of Schools.

The parent/guardian who is dissatisfied with a decision of the principal concerning notice, access to instructional materials, or exemption for the student under this policy may send a written request to the Superintendent for review of the issue. The Superintendent or designee will review the issue and give the parent/guardian a timely written decision, preferably within two weeks of the request. A parent/guardian who is dissatisfied with the Superintendent's decision may send a written request to the School Committee for review of the issue. The School Committee will review the issue and give the parent/guardian a timely written decision, preferably within four weeks of the request. A parent/guardian who is still dissatisfied after this process may send a written request to the Commissioner of Education for review of the issue in dispute.

The Superintendent of Schools will distribute a copy of this policy to each principal by September 1st of each year.

You are welcome to view instructional materials by making an appointment with Mr. McNamara or Mr. Packard.

Policy adopted: August 13, 1997

"...to advance the knowledge and well being of our children and community."

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Contact Info: Mrs. Linnea Bond – Grade: 05
Email: lbond@dcrsd.org
Tel #: 508-248-1423 Ext. 3206

I. **Course Description:** Health classes meet twice every six-day cycle throughout the year for 40 minutes.

II. **Course Content:**

- **Elements of Wellness:** Different areas health PEMSS mental, emotional, social – you are unique
- **Social Health:** Teamwork – cooperative activities and projects
- **Managing Emotions Effectively:** Feelings and emotions – what to do with them
- **Making Positive Decisions:** Inter personal relationships – friendships / bullying (effective communication)
- **General Types of Safety and Tips**
- **Substance Use and Abuse:** Protecting you / protecting me, alcohol, drugs and the brain
- **Effective Communication:** Assertive, aggressive, passive
- **Character Education:** Role models, RAK, life vest inside

III. **Grading System:**

80% of the Health Grade accounts for daily class assignments, positive participation, effort, and daily preparedness with a pencil and any necessary supplies.

20% of Health Grade is based on tests and project.

IV. **Term Grades for all Unified Arts Classes are as follows:**

PE (Pass with Excellence) Class average of 90% or above

P (Pass) Class average of 70%-89%

NI (Needs Improvement) Class average of 60%-69% (Excludes student from honor roll for term)

F (Fail) Class average of 59% or below (Excludes student from honor roll for term)

*****PLEASE RETURNED SIGNED BY PARENT/GUARDIAN*****
CHARLTON MIDDLE SCHOOL CONTRACT 2019-2020

STUDENT NAME: _____ GRADE: 05

I have received, on the reverse side of this letter, the explanation of the Mass. General Laws, Chapter 71, Section 32A.

PARENT/GUARDIAN SIGNATURE & DATE: _____

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Mr. Peter J. Olson
Asst. Principal

Contact Info: Mrs. Linnea Bond – Grade: 06
Email: lbond@dcrsd.org
Tel #: 508-248-1423 Ext. 3206

I. **Course Description:** Health classes meet twice every six-day cycle throughout the year for 40 minutes.

II. **Course Content:**

- **Say Something:** Emotional, Social Health, Impacting the world for good
- **Drug Education:** Natural High
- **Conflict Resolution / Violence Prevention:** Working toward peace – Quest
- **First Aid:** Red Cross – Basic First Aid Training – Disease Prevention
- **Body Systems:** Life Cycles, Grow Healthy = Growth & Development
- **Consumer Health:** Making Positive Decisions
- **Values:** Character traits
- **Improving Peer & Family Relationships**

III. **Grading System:**

80% of the Health Grade accounts for daily class assignments, positive participation, effort, and daily preparedness with a pencil and any necessary supplies.

20% of Health Grade is based on tests and project.

IV. **Term Grades for all Unified Arts Classes are as follows:**

PE (Pass with Excellence) Class average of 90% or above

P (Pass) Class average of 70%-89%

NI (Needs Improvement) Class average of 60%-69% (Excludes student from honor roll for term)

F (Fail) Class average of 59% or below (Excludes student from honor roll for term)

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STUDENT NAME: _____ GRADE: 06

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Principal



Mr. Peter J. Olson
Asst. Principal

Contact Info: Mr. McNamara – Grade 7
Email: smcnamara@dcrsd.org
Tel #: 508-248-1423 Ext. 4201

I. **Course Description:** Health classes meet twice every six-day cycle throughout the year for 40 minutes.

II. **Course Content:**

Growth and Development: Caring for Your Body
Understanding Drugs, Alcohol, and Tobacco
Developing Self-Confidence & Self-Esteem
Effective Communication Skills
Strategies
Managing Emotions Effectively
Making Positive Decisions
Improving Peer & Family Relationships

Adolescent changes during Puberty
Nutrition
Making Positive Friendships
Conflict Resolution & Violence Prevention
Refusal skills: Saying “NO” Under Pressure
Personal Safety
Disease Prevention

III. **Grading System:**

80% of the Health Grade accounts for daily class assignments, positive participation, effort, and daily preparedness with a pencil and any necessary supplies.

20% of Health Grade is based on tests and project.

IV. **Term Grades for all Unified Arts Classes are as follows:**

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STUDENT NAME: _____ GRADE: 07

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Principal



Mr. Peter J. Olson
Asst. Principal

Contact Info: Mr. McNamara – Grade 8
Email: smcnamara@dcrsd.org
Tel #: 508-248-1423 Ext. 4201

I. **Course Description:** Health classes meet twice every six-day cycle throughout the year for 40 minutes.

II. **Course Content:**

Growth and Development: Caring for Your Body
Effective Communication Skills
Refusal Skills: Saying “NO” Under Pressure
Personal Safety
Disease Prevention
Teen Pregnancy
Male & Female Reproductive System

Nutrition / Body Image / Eating Disorders
Conflict Resolution & Violence Prevention Strategies
Managing Emotions Effectively
Making Positive Decisions
Sexual Harassment
Gender Based Issues

Violence Prevention: Students will discuss personal rights and boundaries

Safety and Injury Prevention: Students will distinguish between safe, unsafe, and inappropriate touch

Making Healthy Decisions with Respect to dating relationships

Factors that contribute to Healthy/Unhealthy Dating Relationships/Dating Abuse

Media Effects on Relationships

Disease and Disorders: Prevention and risk factors of STD’s

III. **Grading System:**

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20% of Health Grade is based on tests and project.

IV. **Term Grades for all Unified Arts Classes are as follows:**

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STUDENT NAME: _____ GRADE: 08

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